

Elementary CCE

Spring Lenten 'At Home' Service Project

February 10/11, 2026

CCE Parents: We will once again help the children served by Bethel Ministry in Stafford, TX by providing Spring Break 'Survival' Kit items.

Many of the children served by Bethel Ministry's after-school program are beneficiaries of meal assistance services provided through their schools.

Over Spring Break, many of these children will go without breakfast and/or lunch which they normally would receive during the day at school. When school is not in session they often do not receive these corresponding meals at home. By providing the students with Spring Break 'Survival' Kit items, the parish hopes to provide them with a meal when they normally would not receive one.

Directions:

- Speak to your child about the problem of child hunger in the U.S. Together as a family, watch one or all of these videos: *Kids Respond to Child Hunger* at <https://www.youtube.com/watch?v=OwIuOVJAn-0>, *Going to Bed Hungry: The Changing Face of Child Hunger* at <https://www.youtube.com/watch?v=hROIwULP914>, or *Kids' Café: Hunger Knows No Zip Code* at <https://www.youtube.com/watch?v=4g2GVHdQ1Ng>. After watching, discuss what you as a family can do to help eradicate this problem of childhood hunger.
- Have your child decorate the two (2) paper lunch bags attached, being sure that they **DO NOT put their full name** on the bag if they sign it. Below are some samples of possible decorations/designs. Have your children use their imaginations and be creative!



- After the bags are decorated, **place them (empty) in a plastic grocery sack along with the following items:** (see examples of foods on the back):
 - 2 microwavable meals
 - 2 fruit cups
 - 2 juice boxes
 - 2 cookie or treat packs
 - 2 protein or granola bars
- Please **PLACE ALL ITEMS LOOSE in the plastic grocery sack and DO NOT pack them in the decorated lunch bags.** Simply tie up your grocery sack and our Social Concerns ministry will pack the decorated lunch sacks with the items you provide. This will allow us to check the items for perishability and consistency between the final lunch kits created.
- Drop off your plastic grocery sack of items in the bin in the AMC Lobby on or before the week of March 3/4- i.e., Tuesday, March 3 or Wednesday, March 4.

Questions? Contact Joan at jhastreiter@stlaurence.org or Molly at mzimmer@stlaurence.org, or 281.265.5774. THANKS!!

In your plastic grocery sack, please put:

- The two paper lunch sacks that your child decorated
- Two (2) **single serving sized NON-PERISHABLE** (i.e. no frozen meals, please) microwavable meals (**any** brand or variety), such as:



- Two (2) **single serving sized** cups of fruit (**any** brand or variety), such as:



- Two (2) **single serving sized** juice boxes or pouches (**any** brand or variety), such as:



- Two (2) **single serving sized** cookie or treat packs (**any** brand or variety), such as:



- Two (2) **single serving sized** protein bars (**any** brand or variety), such as:



Reminders:

- **Please make sure that NONE of the food provided is perishable or needs refrigeration. It must be shelf stable.**
 - Bring your lunch kit items (**tied up in a plastic grocery bag**) to CCE on, Tuesday, March 3 or Wednesday, March 4
- Please place them in the bin in the Ave Maria Center Lobby at arrival.

Thanks for your generosity!